

# Clinic Locations

BARNSTON

BROMBOROUGH

EASTHAM

HESWALL

HIGHER BEBINGTON

OXTON

**0151 203 0003**

Dr Walkling: 07754231948

Heswall & Barnston

Dr Syvret: 07966100552

Oxton, Bebington, Bromborough & Eastham

UNDERLINING BEAUTY

[www.underliningbeauty.com](http://www.underliningbeauty.com)

## *Underlining*Beauty

All our procedures are administered by fully qualified General Practitioners who are trained Aesthetic Consultants. We specialise in Anti-wrinkle injections, Hyperhidrosis treatment, Dermal fillers and Lip Augmentation.



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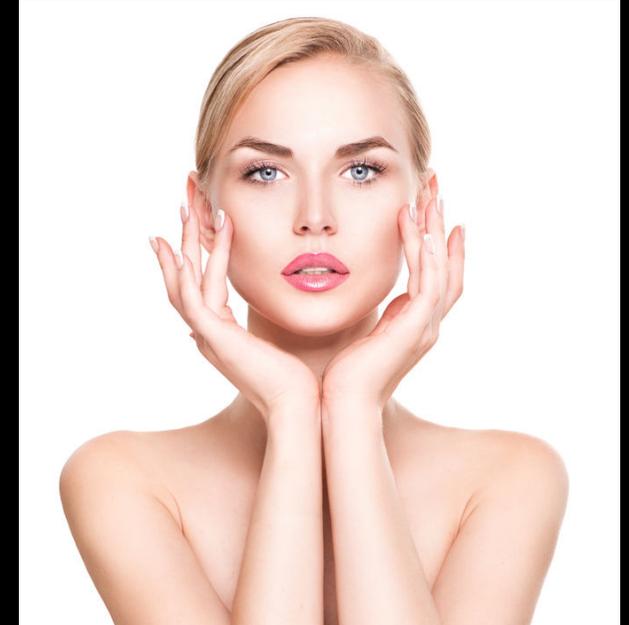
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## *Underlining*Beauty



### Aftercare Advice

Anti-Wrinkle Injections

Dermal Fillers

Hyperhidrosis

Lip Augmentation

## Lip Augmentation & Dermal fillers

You have undergone a dermal filler treatment where hyaluronic acid has been placed into the skin/lips. It is important that you follow the below guidance following your treatment. Failure to do so may result in unnecessary complications and may also affect the results of your treatment.

- ❖ You may initially be swollen and bruised which will subside within 1-10 days if the bruising is extensive.
- ❖ Avoid lip suction devices as this can cause the filler to move.
- ❖ It is advisable that you do not touch the area for 6 hours.
- ❖ Do not apply make-up for approximately 6 hours.
- ❖ Avoid exposure to UV, extreme heat e.g. sauna and sun beds for 72 hours as this may increase discomfort.
- ❖ Avoid extreme cold. This includes ice packs directly applied to the skin for up to 72 hours. If necessary you can apply a cool compress to the area only.
- ❖ Arnica tablets or gel can be used to reduce bruising or the application of vitamin K oxide cream.
- ❖ If you experience lumpiness in the treated area it can be gently massaged to help smooth this out (facial fillers only). For lumpiness in lips please book in for a review.
- ❖ You should avoid any facial massages or skin resurfacing until the area has fully healed.

## Anti-Wrinkle Injections

You have undergone a procedure to reduce the appearance of wrinkles/ frown lines where Botulinum toxin has been placed into the skin. It is important that you follow the below guidance following your treatment. Failure to do so may result in unnecessary complications and may also affect the results of your treatment.

- ❖ Do not massage the treated area at all. If the area is washed, pat dry very gently with a soft towel. Do not rub the treated area for 48 hours.
- ❖ Do not bend excessively or lie down for at least 4 hours after treatment.
- ❖ Do not exercise the treated muscles by tensing them and relaxing them excessively for the first day after treatment.
- ❖ Botulinum Toxin takes from 2 to 14 days to become effective. This is dependent on the strength of the muscles injected and the individual response.
- ❖ For two weeks after treatment, avoid exposure to strong sunlight, very cold temperatures and saunas.
- ❖ For two weeks after treatment avoid beauty treatments to the face such as facials or facial massage.
- ❖ Treatment with Botulinum Toxin is temporary and to maintain the effects, treatment is recommended every 3 to 6 months.

## Hyperhidrosis

You have undergone a procedure to reduce the effects excessive perspiration where Botulinum toxin has been placed into the skin. It is important that you follow the below guidance following your treatment. Failure to do so may result in unnecessary complications and may also affect the results of your treatment.

- ❖ Avoid the use of perfumed products on the area for 24 hours post treatment.
- ❖ Avoid vigorous exercise for 24 hours post treatment.
- ❖ Tepid shower / bath only in the 24 hours post treatment.
- ❖ If washing the area treated within 24 hours, ensure that you lightly pat the area to dry it rather than rubbing it.
- ❖ Avoid use of the sauna / steam room / sun beds for 24 hour post treatment.
- ❖ Treatment with Botulinum Toxin is temporary and to maintain the effects, treatment is recommended every 4 to 7 months

If you experience any abnormal side effects or you are concerned about any of the guidance issued on this leaflet please do not hesitate to contact us.